

Kathleen Graves, PhD, MSW
Director of Behavioral Health and Rural Services
Division of Community Health Services
4000 Ambassador Drive
Anchorage, Alaska 99508

E-mail: ksg Graves@anmc.org
Phone: (907) 729-4594
Fax: (907) 729-3652

Education

Ph.D. August 2004

MSW May 1994

BA. December 1991

Notes

School of Social Work, Smith College,
Northampton, Massachusetts
*“Resilience and Adaptation Among Alaska Native
Men”*

George Warren Brown School of Social Work
Washington University, Saint Louis, Missouri
Psychology, University of Alaska Anchorage

Current Employment

2008-present

Alaska Native Tribal Health Consortium
Director of Behavioral Health and Rural Services

Tribal Affiliation

Alutiiq and Athabascan

Professional Memberships & Affiliations

- National Association of Social Workers
- Dinlishla (community organization promoting traditional healing practices)
- Arctic Social Indicators (ASI) International Working Group

RESEARCH INTERESTS, ACTIVITIES & PRODUCTS

Conceptual & Topic Foci

- Indigenous Resilience:
My current and main interest within this general area concerns resilience and adaptation among Alaska Native people. I am interested in gaining a deeper understanding of the individual, family, social, cultural and community factors which contribute to the ability of Alaska Native people to bounce back from difficulties across the lifespan.

- **Suicide Prevention:**
It is vital that suicide prevention research be structured around the Alaska Native viewpoint to better engage Alaska Natives in order to understand and reduce the rate of suicide. There is a gap in the understanding of how to approach the issue of Alaska Native suicide from the perspective of the indigenous people. There is a wide divide between the Western models of suicide prevention and Alaska Native ancestral knowledge. Proposed research projects will make every effort narrow the gap by respecting Alaska Native protocols and ancestral knowledge.
- **Historical Trauma**
For Alaska Native people, historical trauma involves the cumulative emotional and psychological wounding both over a life span and across generations resulting from massive group catastrophes continues to affect current generations.

PUBLICATIONS **(Chronological Order)**

- Landon, B., Selle, M., Graves K. (2003) *The Primary Network and Referral Project*
Anchorage, Alaska, University of Alaska, State of Alaska Division of Public Health, Community Health and EMS, Primary Care and Rural Health Unit and Alaska Center for Rural Health, Research Associate
- Landon, B., Graves, K., Selle, M. (2003) *FASD Curriculum Development Evaluation Project*, Anchorage, AK University of Alaska Anchorage, UAA Family Youth Services Training Academy and Alaska Center for Rural Health, Research Associate
- Landon, B., Selle, M., Graves, K. (2003) *Telepsychiatry Evaluation Project*, Anchorage, Alaska University of Alaska Anchorage, Alaska Science and Technology Foundation and Alaska Center for Rural Health
- Graves, K. (2003, Dec) Resilience and adaptation among Alaska Native men. *Social Work*_Northampton . Smith College School for Social Work: 217
- Graves, K. (2004, March) Circumpolar dissertation: Resilience among Alaska Native Men. *International Journal of Circumpolar Health*_ 63 (1)
http://ijch.oulu.fi/issues/631/631_Graves.pdf
- Graves, K., Shavings, L.(2005) *Our Dignified View of Aging: Listening to the Voices of Our Elders*. Anchorage, Alaska, University of Alaska Anchorage, National Resource Center for American Indian, Alaska Native and Native Hawaiian Elders:
http://elders.uaa.alaska.edu/Publications/yr1_2qualitative.pdf

- Graves, K., Shavings, L. & Rose, E. (2005) *Tradition of Listening: Patterns of the Past-Guidelines to the Future*. Anchorage, Alaska, University of Alaska Anchorage, National Resource Center for American Indian, Alaska Native, and Native Hawaiian Elders.
http://elders.uaa.alaska.edu/Publications/yr2_3listening.pdf
- Graves, K. & Shavings, L. (2005) Our View of Dignified Aging: Listening to the Voices of Our Elders. *The Journal of Native Aging & Health*_Volume 1, Issue 1, November / December, pages 29 - 40.
- Saylor, B., Graves, K., & Cochran P. (2006) A resilience-based approach to improving community health *Northwest Public Health* page 4, vol. 23, number 1
- Graves, K., Saylor, B. & Shavings, L. (2007) Interpreting elder abuse among Alaska Natives *Northwest Public Health*_24 (2) 14-15
- Graves, K., and Shavings, L. (In Press) Alaska Native Elders' views of abuse: the tradition of harmony, respect and listening. *Alaska Journal of Anthropology*
- Graves, K., Shavings, L, Rose, C. & Saylor, A. (2007) *Boarding school project: mental health outcome*. Anchorage, Alaska, University of Alaska Anchorage, National Resource Center for American Indian, Alaska Native, and Native Hawaiian Elders. <http://elders.uaa.alaska.edu/reports/boarding-school-project.pdf>
- Graves, K., Rosich, R., McBride, M., Charles, G., & LaBelle, J. (In Press) Health and Healthcare of Alaska Native Elderly. D62HP07457-01-00 (PI: Periyakoil) Health Resources and Services Administration (HRSA) *Creating and evaluating a Comprehensive Geriatric Education Program: The major goals of this project is to create, disseminate and evaluate a training program in cross cultural Geriatrics*

Presentations at Professional Meetings

- Graves, K. (November, 2004) “*Resilience and Adaptation: Insights that Inform the Health Disparities Challenge*”. Talk presented at the 22nd Annual Alaska Health Summit, Anchorage Alaska, Hotel Captain Cook, November 29th through December 2.
- Graves, K. (2004) “*Resilience and Adaptation Among Alaska Native Men*”. Talk presented at the Models for Healing Survivors of Historical Trauma, Takini Network Inc. Santa Ana, New Mexico, Hyatt Tamaya Resort, December 7 through 11.
- Graves, K., (2005) “*Quality Aging of Alaska Native Elders is Linked to Ability to Follow Cultural Customs*”: Conferences of Elders, 2004. Talk presented at American Geriatrics Society Annual Meeting in Orlando, Florida, Swan and Dolphin Hotel, May 11-15.

- Graves, K., Shavings, L. (2005) *“Promoting Best Practices in Elder Health: Voices of Our Elders”*. Talk presented at Alaska Geriatric Education Center’s Third Annual Summer Program, June 9-10 in Anchorage, Alaska.
- Morgan, R., Graves, K. (2005) *“Getting to the Root of the Problems”* National IHS/SAMHSA and Behavioral Health Conference on Alcohol, Substance Abuse and Mental Health 2005: Weaving Visions for a Healthy Future" June 27-30 in San Diego, California.
- Graves, K. (2005) *“Resilience and Multi-cultural Strengths”*. Annual Congress of the International Association of Suicide Prevention (IASP), Durban, South Africa, September 13-16, 2005. Symposium on Suicide Prevention in the Arctic.
- Deters, P., Graves, K. (2005) *Alaska Natives into Psychology: Training an Indigenous Behavioral Health Workforce*. International Network of Indigenous Health Knowledge and Development (INIHKD) 2nd Bi-Annual Meeting, Vancouver, BC, October 1-4
- Graves, K. (2005) *Our View of Dignified Aging: Listening to the Voices of Our Elders-2004*. International Network of Indigenous Health Knowledge and Development (INIHKD) 2nd Bi- Annual Meeting, Vancouver, BC, October 1-4
- Frank, P., Lake, O., Graves, K. (2005) *Connecting to the spirit of the Native community*. NASWAK 19th Annual Conference: Our role and commitment in a changing world. Egan Convention Center, Anchorage, Alaska October 27. Panel Presentation:
- Graves, K. (2006) *Resilience and Adaptation: Insights from STN Alaska* Anthropological Association 33rd Annual Meeting. Kodiak, Alaska March 1-4, 2006 Social Transitions in the North Memorial Symposium:
- Graves, K. (2006) *“Traditions of the Past, Guidelines for the Future: A Holistic Approach to Wellness Among Alaska Natives”* Talk presented at the Society for Applied Anthropology 66th Annual Meeting. Vancouver, B.C. March 28-April 2.
- Graves, K., Shavings, L., Rose, C. (2006) *“Alaska Native Elders and Abuse: Creating Harmony by Voicing Traditions of Listening”* Presented at The Alaska Geriatric Education Centers: Promoting Best Practices Conference. Anchorage, Alaska June 8-10.
- Frank, P., Graves, K. (2006) *“Caretakers of the Land: Alaska Native Elders Address Environmental Changes”* Alaska Arctic Science Conference October 2-4: State of the Arctic. Fairbanks, Alaska.

Holden, J., King, C., Dick, B., Graves, K., (2007) *Abuse of elders and disable adults: what you need to know* Alaska Health Summit, Anchorage, Alaska. Sheraton Hotel December 3-5

Poster Board Presentations

Graves, K. (2005) *Historical Trauma and Resilience: Insights that Inform the Health Disparities Challenge.* Presented at the International Network of Indigenous Health Knowledge and Development (INIHKD) 2nd Bi- Annual Meeting, Vancouver, BC, October 1-4, 2005

Graves, K., Shavings, L., & Rose, C. (2007) International Network of Indigenous Health Knowledge and Development. Rotorua, New Zealand October 14-18 *Creating Harmony Through Traditions of Listening*

Other Research Workshops, Grant Writing Activities and Recent Application

Participated in the one week NIH Summer Institute on the Design and Development of Community-Based Participatory Research in Health on July 8-13, 2007 at the University of Chicago, Gleacher Center in Chicago Illinois. The institute addressed essential conceptual, methodological and practical issues inherent in planning and conducting CBPR to improve health and reduce disparities.

Attended the **Ethics in Research Training Course** sponsored by the National Institute of Health and the Department of Mental Health Law and Policy at the University of South Florida on May 7-10, 2007. The intensive training course which focused on behavioral health services research was held in Tampa, Florida. The training focused upon the protection of human research subjects, the Institutional Review Board and what makes research ethical.

Attended the research workshop: **Roots of Resilience: Transformations of Identity and Community in Indigenous Mental Health.** ICIHRP Resiliency Study Meeting August 23-25, 2006, Montreal, Quebec. The meeting was a closed workshop for the research team which has a five year grant from the Institute for Aboriginal Peoples Health of the Canadian Institute of Health Research to develop a cross-national collaborative program on resilience among indigenous peoples in Canada and New Zealand. The working session Day 1 was devoted to the presentation of papers and extended discussion on "rethinking resilience in indigenous contexts, Day 2 focused on developing narrative-based research on resilience, and Day 3 on relational models of assessment in mental health.

Attended the research workshop: Promoting Indigenous Research on Suicide Prevention and Related Topics: A Workshop to Define Issues, Develop Strategies, and Identify Sustaining Frameworks. Sponsored by: National Institute of Mental Health & The University of New Mexico Health Sciences Center – Center for Native American Health. November 8 & 9, 2006, Wyndham Airport Hotel Albuquerque, NM

TEACHING

Current Teaching at University of Alaska Anchorage

PSYC 112: Multicultural Perspectives in Leadership

PSYC 112: Introduction to Alaska Native Values and Principles

Research Supervision / Other Teaching at University of Alaska Anchorage

I have been actively engaged in supervision of student research training at UAA within the National Institutes of Health, National Center for Minority Health and Health Disparities, EXPORT support Alaska Native Research Partnerships for Health Program (ANSRPH). I have supervised BA and MSW/MS/MA students.

ADMINISTRATIVE

Institutional Review Board (since September 2004)

Positions and Honors

Positions and Employment

- 2008-present Director of Behavioral Health and Rural Services, Alaska Native Tribal Health Consortium, Anchorage, AK
- 2006-2008 UAA International Polar Year Post Doctoral Fellow, Anchorage AK
- 2006-present Assets Contract Therapist, Anchorage AK
- 2003-2006 ANPsych, Project Director, UAA; ICHS Senior Research Associate
- 2002-2003 Research Associate, ICHS, University of Alaska Anchorage
- 1999-2003 Clinical Supervisor, Family Services, Cook Inlet Tribal Council (CITC) Anchorage AK
- 1998-1999 Program Director, Dena A Coy Treatment Program, Anchorage, AK
- 1996-1998 Vice President of Human Services, Southcentral Foundation, Anchorage, AK
- 1994-1996 Clinical Social Worker, Alaska Native Medical Center, Anchorage, Alaska
- 1992-1994 Clinician, Women's Counseling Collective, St. Louis. MO
- 1987-1991 Lead Counselor, Abused Women's Aid In Crisis, Anchorage, Alaska

Honors

- 2007-2008 The Mentorship and Educational **Program** (MEP) in Mental Health Services Research
I am a currently a mentee in MEP at the University of New Mexico (UNM) which is a program funded by the National Institute of Mental Health (NIMH). MEP focuses on minority mental health issues in primary care settings, especially disparities in mental health outcomes. MEP provides an intensive, one-week annual training session in August, which will introduce mental health services research to the mentees who are minority junior faculty members. The MEP also fosters ongoing mentorship relationships with outstanding mental health researchers who serve as both advisers for the trainees' research and as role models in their career development.
- 2002-2003 Dissertation Award, Cook Inlet Region Incorporated (CIRI) Foundation
- 2002-2003 Dissertation Award, School of Social Work, University of Alaska Anchorage
- 2002-2003 Special Excellence Scholarship, Cook Inlet Region Incorporated (CIRI) Foundation
- 1996-1998 I.H.S. Loan Repayment Program Award for Health
- 1992-1994 Health Professions Preparatory Scholarship, Indian Health Service
- 1992-1994 Harriet Tubman Fellowship, Washington University
- 1993 I.H.S. Health Professions Summer Extern Placement
- 1992-1994 American Indian Studies Program, Washington University

Research Support

1D1ARH03472-01-00, Deters, PI

08/01/04 - 07/30/05

The primary mission of Alaska Natives into Psychology (ANPsych) is to train Alaska Native and American Indian students from high school through advanced psychology degrees, in order to address the debilitating shortage of behavioral health workforce. In order to address the significant shortage of Alaska Native and American Indian psychologists and other behavioral health professionals in the state, ANPsych is designed to attract and successfully support the training of local inhabitants to completion with readiness to enter the workforce.

5 R24 MD000499-02, Hild, PI

09/30/03 - 07/31/06

National Center of Minority Health and Health Disparities (NCMHD) EXPORT grant for the Alaska Native Science Research Partnerships for Health (ANSRPH) of the University of Alaska Anchorage. Program includes research looking at the transmission of traditional knowledge and values from one generation to the next to reduce behavioral health concerns. Serve as the Administrative Core Lead.

90AM2752/02, Charles, PI

09/01/03 - 08/31/07

The National Resource Center for American Indians, Alaska Natives and Native Hawaiian Elders is one of two programs funded by the Administration on Aging. The principle mission of NRC is to compile and disseminate information that will assist providers of programs for Native Americans in improving their service delivery capacity and program quality. The NRC, directed by Dr. George Charles, an Alaska Native Yupik elder, works closely with the Alaska Gerontology Education Center and the Alaska Native Advisory Council.

Performance Enhancement Award (2004-2005), Graves, PI

Competitive grant awarded by the University of Alaska Anchorage for \$13,000

Project title: *“Creation of urban family enhances success, interconnectedness and sense of belonging among Alaska Native Freshmen”*.

Performance Enhancement Award (2004-2005), Lazell & Graves, Co-PI

Competitive grant awarded by the University of Alaska Anchorage for \$15,000. Project title: *Preventative Mental Health Services for Alaska Native and American Indian Students*

Chancellor’s Research Award (2006-2007) Graves, K., Boeckmann, R., & Fast, P. *“Alaska Native Resilience”*. Competitive grant awarded by the University of Alaska Anchorage for \$10,000. The research project is a small-scale, exploratory project which will result in preliminary data for a larger proposal which will be submitted for funding from the National Science Foundation (NSF). The purpose of this project is to explore positive adaptation and resilience among Alaska Native communities (centered around the Inupiat near the Bering Sea and the Aleut on the Aleutian Chain) in response to rapid social, cultural, economic, political and environmental changes. It is planned to extend previous research by conceptualizing resilience on a community rather than an individual level.

D62HP07457-01-00 PI: Periyakoil 7-1-2006 to 6-31-2009

Health Resources and Services Administration (HRSA)

Creating and evaluating a Comprehensive Geriatric Education Program: The major goals of this project is to create, disseminate and evaluate a training program in cross cultural Geriatrics

Post Doctoral Fellowship

Institution and Location

Stanford University (mini-fellowship)
University of Alaska Anchorage

Year

2006
06-08

Field of Study

Ethic Geriatrics
International Polar
Year
Mental Health
Research

Mentoring and Education Program in Mental
Health Services Research

REFERENCES

Douglas Causey, PhD, Vice Provost for Research and Graduate Studies

University of Alaska Anchorage
Academic Affairs
3211 Providence Drive
Anchorage, AK 99508
907-786-4833
dcausey@uaa.alaska.edu

Brian Saylor, PhD, Former Director, Institute for Circumpolar Health Studies

University of Alaska Anchorage
College of Health and Social Welfare
3211 Providence Drive
Anchorage, AK 99508
907-258-1176
anbls@uaa.alaska.edu

Carl Hild, PhD, Director Health Service Administration

Alaska Pacific University
Business Administration Department
4101 University Drive
Anchorage, Alaska 99508
907-564-8227